

**All of those affected by Gluten are invited to
attend the Manitoba Chapter of the CCA's
April Speaker Support Meeting and Potluck Lunch**



Owner & Pharmacist



**A Q&A session with our speaker
Glen Rawluk
Pharmacist from Meyer's Drug Store will
be connecting with us by zoom
Saturday April 1st 2023 @11 a.m. to
1p.m.**

**In person: Maranatha Church 910
Sturgeon Road with Connection by Zoom
available for those unable to attend in
person.**

**Vendor Tables present: Nosh on this and Sipology by Steeped Tea
Masks are required except when eating.**

Door Prizes and Raffle

**Please bring a gluten free item for the potluck with ingredients listed
and also bring an gluten free item for Harvest Manitoba Gluten Free
Food Hampers.**

*If you are uncomfortable eating food prepared by others because of the risk of cross contamination,
but still would like to have brunch, we recommend bringing a container of your own food that you
can consume on your own while others are eating.*

*If you are uncomfortable being without a mask, foil will be available for those who wish to take
away a plate of gluten free food to consume in a non-public/shared space.*

**Please register for the zoom, if you cannot attend the meeting in person by emailing
manitobaccachapter@gmail.com**