

December 2026 Donation Drive for Harvest Manitoba Celiac Hampers

As the holiday season ramps up, we are asking that you consider the Manitoba Chapter of the Canadian Celiac Association as a part of your holiday gift giving. The Manitoba Chapter has decided to approach those living with Celiac Disease in Manitoba to remember that not everyone is able to afford to put gluten free food on their table. These past years has been particularly hard and appears to be becoming more difficult for individuals.

The need for safe gluten free food has increased.

Please consider setting aside a small portion of your budget to support our continued Manitoba Harvest Gluten Free Hamper Initiative. The Manitoba Chapter has had a relationship with Harvest Manitoba for a few years previous to the pandemic where donated gluten free food was collected at our in-person meetings and dropped off at Harvest.

It came to our attention in February 2021, that Harvest was not able to sort for Gluten Free food as the pandemic had restricted their activities and they had moved to providing hampers to those in need.

The Manitoba Chapter began the Gluten Free Food Hamper Program in partnership with Harvest Manitoba to ensure that those who require gluten free food have access to it through the Harvest Supported Food Banks across Manitoba.

A subcommittee of the Board and volunteers work to solicit donations from gluten free food producers and purchased additional GF food as needed to be placed into the Hampers. To date, we have had many packing events since beginning this initiative where individuals gave of their time to pack hampers and

WE THANK ALL OF YOU!

To date: We have packed **over 6000 hampers since 2021** and packed almost 1100 in this past year alone. We have worked diligently to try to keep the cost of the hampers lower and continue to estimate that each hamper has cost the chapter approximately $12 but we are seeing with our upcoming packing event that the price for procurement has gone up. We hope you can perhaps cover the cost of a hamper or a little more.

Please take into consideration that the Chapter provides tax receipts for donations by cheque over $20. All electronic donations through Canada Helps or PayPal through our webpage automatically have a receipt generated.

THANK YOU SO MUCH FOR YOUR GENEROSITY!